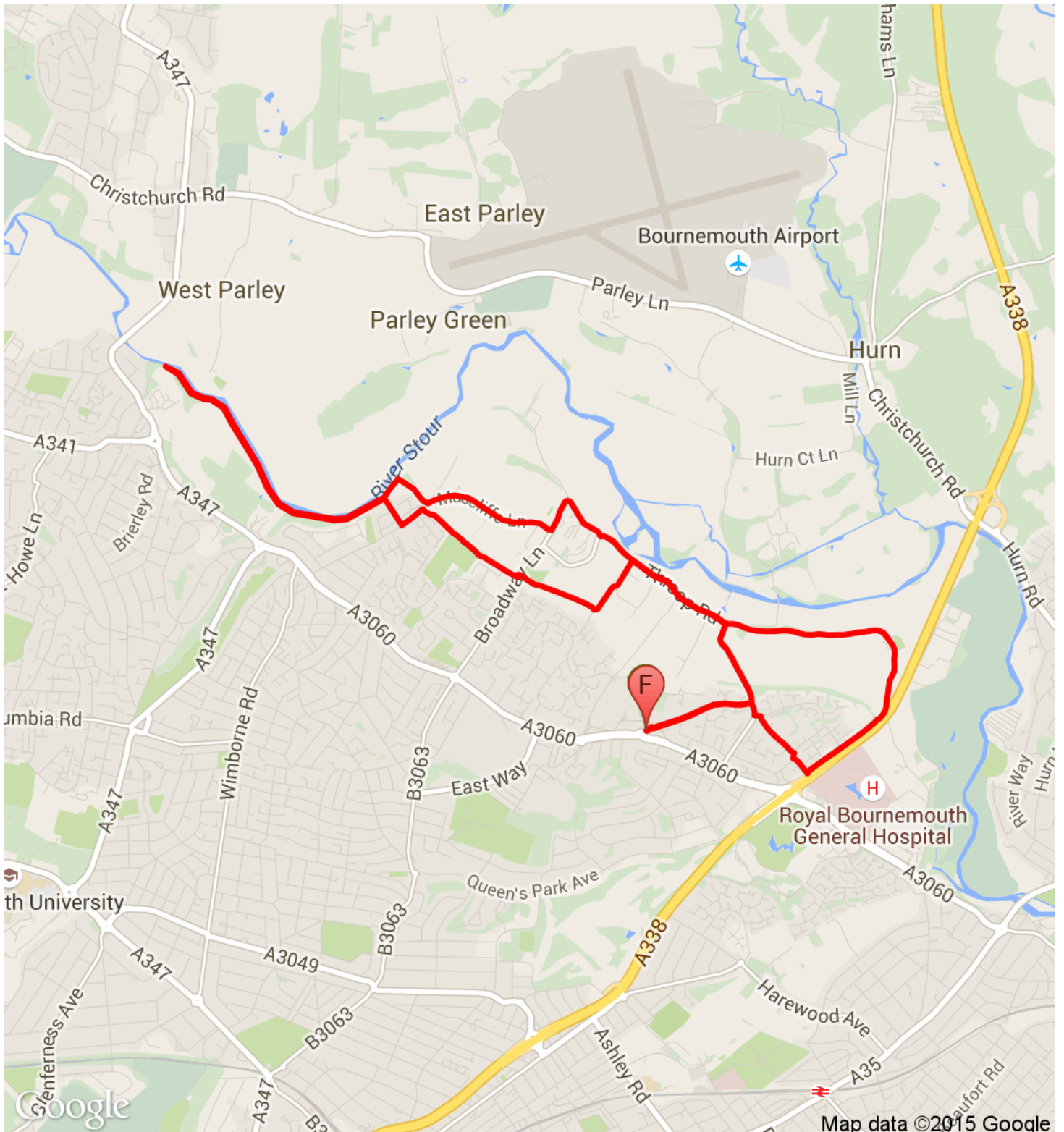


Stour Valley Explorer

TOTAL DISTANCE
13.67 KM

ELEVATION
FROM 4 METRES TO 17 METRES

Easy



INFORMATION POINTS

0 metres
for 0 metres

Cycle North East on Woodbury Avenue to Throop Road.



0.68 km
for 0.68 km

Turn left into Throop Road.



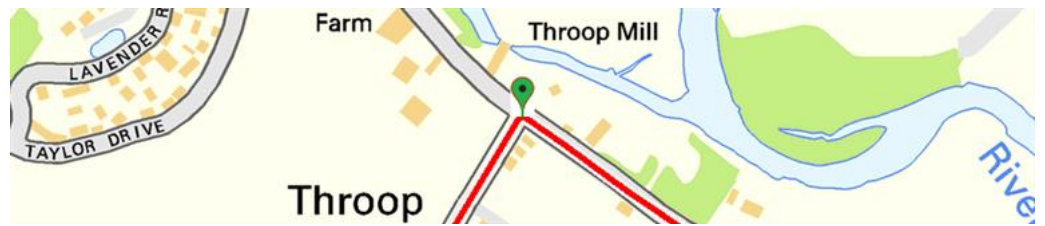
1.23 km
for 0.55 km

Turn left into Throop Road.



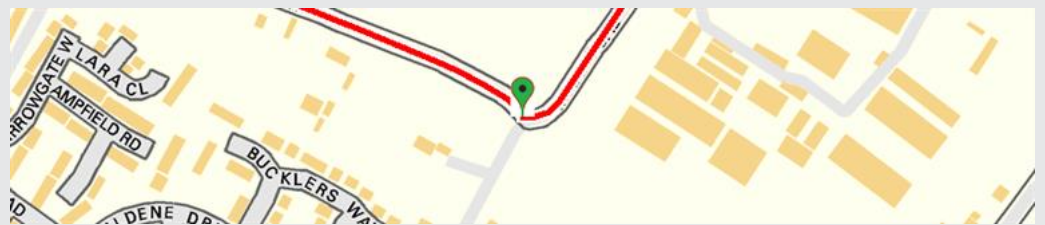
1.92 km
for 0.70 km

Turn left into Mill Road North.



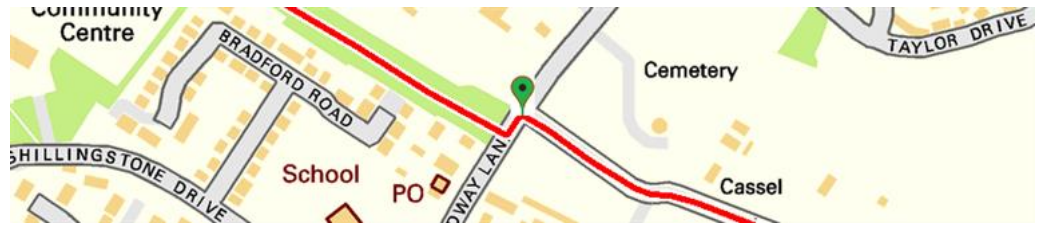
2.32 km
for 396 metres

Turn Right into Careys Road.



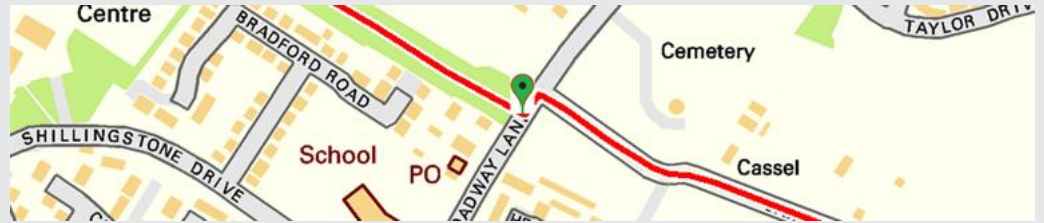
2.83 km
for 0.51 km

Turn left into Broadway Lane.



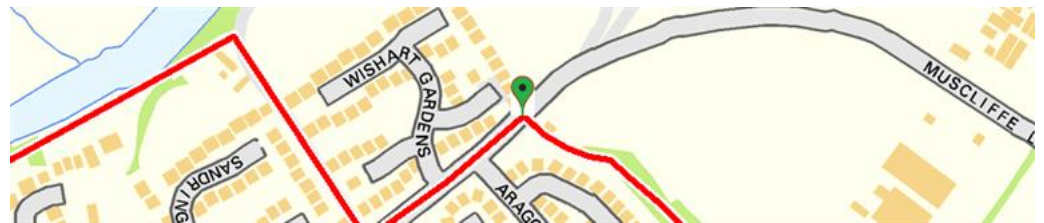
2.85 km
for 23 metres

Turn right onto shared pedestrian/cycle path.



3.57 km
for 0.72 km

Turn left onto Muscliffe Lane.



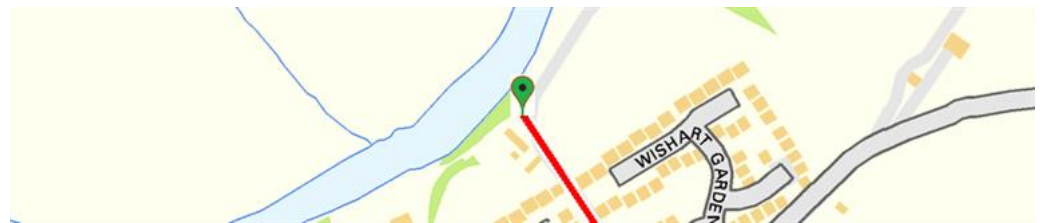
3.74 km
for 161 metres

Turn right onto unnamed access road to Shelley Lodge.



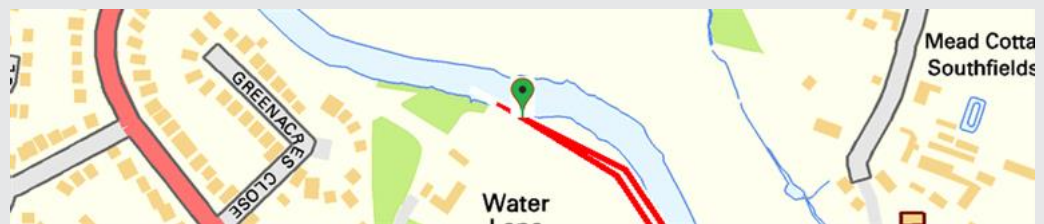
3.93 km
for 197 metres

Turn left onto riverside path (beware of pedestrians and dogs).



5.78 km
for 1.84 km

Short break (?) and then return along riverside path.



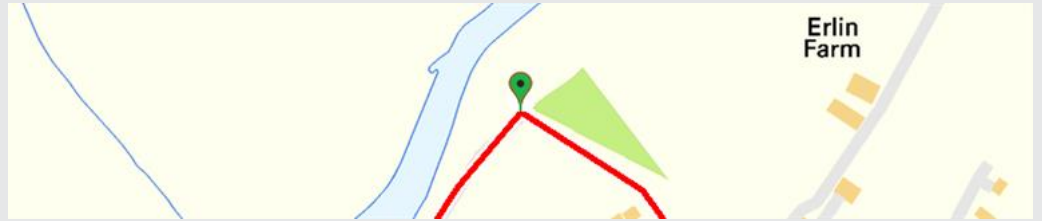
7.61 km
for 1.84 km

Continue along riverside path into Arboretum.



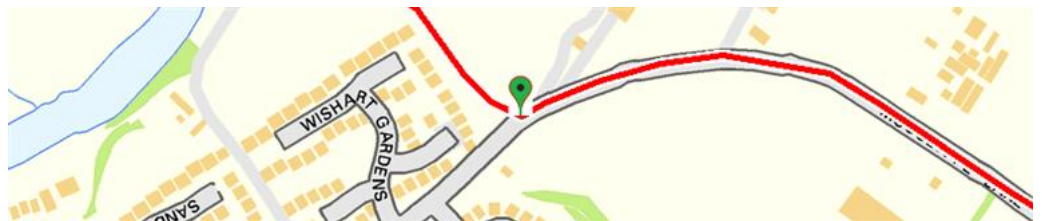
7.76 km
for 144 metres

Turn right away from river.



8.00 km
for 240 metres

Turn left into Muscliffe Lane.



8.82 km
for 0.82 km

Turn left into Broadway Lane.



9.01 km
for 195 metres

Turn right into Throop Road.



9.34 km
for 328 metres

Turn left into Throop Road.



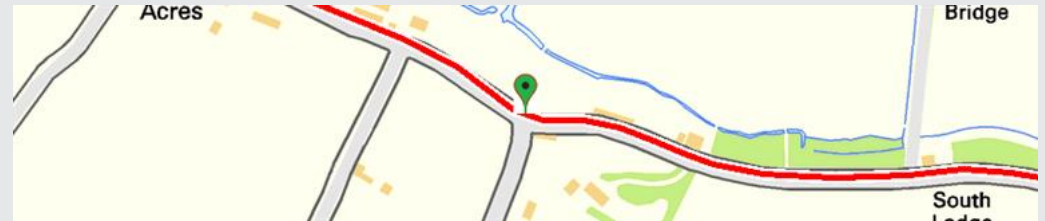
9.50 km
for 166 metres

Throop Mill is a nice place to stop for a few minutes break.



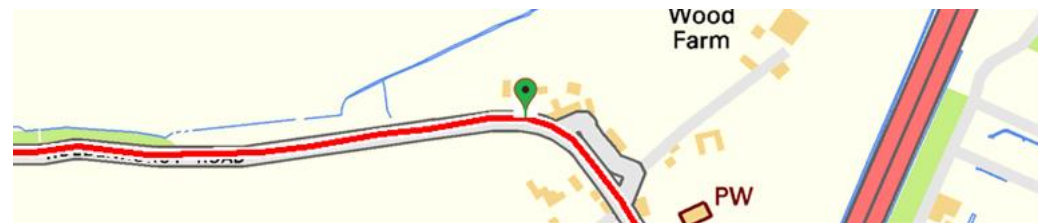
10.29 km
for 0.79 km

Continue straight-ahead into Holdenhurst Village Road.



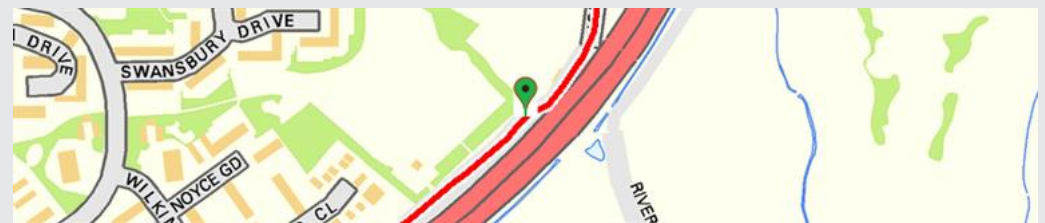
11.23 km
for 0.94 km

Follow Road though Holdenhurst Village.



11.86 km
for 0.63 km

Road turns into shared pedestrian/cycle path alongside Spur Road.



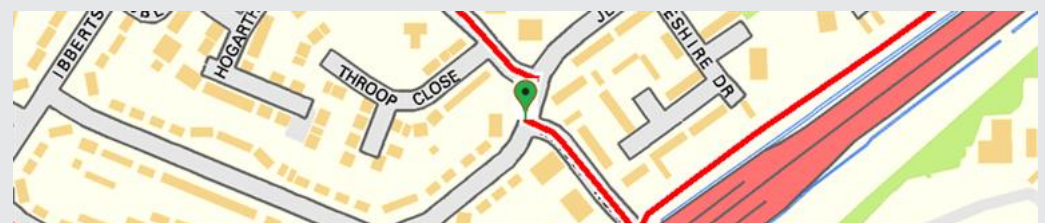
12.40 km
for 0.54 km

Turn right into Throop Road.



12.53 km
for 130 metres

Turn right into Jewell Road.



12.57 km
for 34 metres

Turn left into Throop Road.



12.88 km
for 313 metres

Turn left into Throop Road.



12.92 km
for 40 metres

Turn right into Throop Road.



13.00 km
for 77 metres

Turn left into Woodbury Avenue and continue back to Castlepoint.

